

## **Twenty-Eighth Sunday in Ordinary Time**

*“In him who is the source of my strength I have strength for everything.”*

### **Salesian Perspective**

“I am experienced in being brought low, yet I know what it is to have an abundance. I have learned how to cope with every circumstance: how to eat well or go hungry, to be well provided for or to do without.”

How did St. Paul manage to deal with the ups and downs of life in such a centered, balanced and confident manner? More importantly, how can we manage to deal with the ups and downs of our own lives in such a centered, balanced and confident manner?

Among other things, we need a solid, profound trust in God. We need the kind of trust that enables us to see the hand of God in both good times and tough times alike.

Francis de Sales offered this great piece of advice. It is as relevant to our own desire to effectively roll with the punches that life may deliver on any given day as it was to the person to whom Francis originally addressed these words in 1603: “You should be like a little child who, while it knows that its mother is holding its sleeve, walks boldly and runs all around without being distressed at a little fall or stumble; after all, it is as yet rather unsteady on its legs. In the same way, as long as you realize that God is holding on to you by your will and resolution to serve him, go on boldly and do not be upset by your little set-backs and falls; there is no need to be put out by this provided that you throw yourself into God's arms from time to time and kiss God with the kiss of charity. Go on joyfully and with your heart as open and wisely trustful as possible; and if you cannot always be joyful, at least be brave and confident.” (Stopp, Selected Letters, pages 45 - 46.)

In another letter, Francis offered the following observation regarding our trust in God and our ability to deal with adversity in life: “It is far better to lift up our eyes to the hills whence help shall come to us, to hope in the Lord and willingly glory in our infirmities so that the strength of Christ may dwell in us..... For those who put their trust in the Lord shall take wings like the eagle; but whoever loses heart shall come to nothing and vanish like smoke. The soldier who leaves the field trembling with fear no doubt finds rest but no greater safety than the one who goes on fighting.” (Stopp, Selected Letters, page 121)

There are many experiences in life that may leave us fearful, or at least, frustrated. What distinguishes happy, healthy and holy people from people who just try to get through life is the ability and willingness to trust that God loves us in all the ups and downs of life. In the words of Job, those who trust in the Lord know that while the Lord gives and the Lord takes away, always blessed is the name of the Lord.

And blessed, always, are all those who trust - and believe - in God.....no matter what.

Rev. Michael S. Murray, OSFS, is the Executive Director of the De Sales Spirituality Center.

### **Father Bob's Brother**

The funeral of my Brother Jim was Wednesday, October 5th at St. Catherine's, Allentown, PA.

James Francis Brown, Jr. died on September 29th at the age of 92. He was the oldest son of eight children born to James F. Brown, Sr. and Anne Cannon of County Donegal Ireland. After graduation from Muhlenberg College in 1941, he enlisted in the Army and became Company Commander of B Company of the 507th of the 82nd Airborne Division. In 1998, I was able to visit Normandy with him. Then we drove to Belgium and found the village of Houmont, 7 km from Bastogne, where he was wounded on January 5, 1945. We also found the church he attended on Christmas Eve 1944.

He graduated in the Class of 1948 from Pennsylvania Law School. He served as an Assistant U.S. Attorney in Philadelphia and for 30 years was a corporate attorney for Bethlehem Steel. Following retirement, he was an assistant District Attorney for Lehigh County. He was appointed as an Administrative Appeals Judge for the Labor Department and served in Washington until age 81.

He is survived by his wife, Jean Person, two sons, a daughter, four grandchildren, thirty-six nieces and nephews; and our Sister Sue Brown Reinhold. It was my blessing to be his "Baby Brother."

Fr. Bob and Molly Brown



✠*Please remember the family & friends of  
James Francis Brown.*

*So that they and their families may be remembered in  
prayer by the community.*

**Music for Sunday's Liturgy:**

**Gathering:** # 530 Table of Plenty  
**Gloria:** # 47 Glory Be (Young People's Mass)  
**Psalms:** "I shall live in the house of the Lord all the days of my life."  
**Gospel Acclamation:** # 10 Alleluia (Celtic Mass)  
**Preparation:** # 478 Precious Lord, Take My Hand  
**Eucharistic Acclamations:** Holy, Holy, Holy; Memorial Acclamation; Great Amen; Agnus Dei (Mass of Creation)  
**Communion:** # 611 Only A Shadow  
**Song of Praise:** # 612 For You Are My God  
**Sending:** # 419 Alleluia! Sing to Jesus - vs. 1 & 2

The Reading for the weekend Masses are found in the **Glory & Praise** at number **881**  
**1<sup>st</sup> Reading** ~ Isaiah 6:6 – 10a  
**2<sup>nd</sup> Reading** ~ Philippians 4:12 – 14, 19 – 20  
**Gospel Reading** ~ Matthew 22:1 – 14 or 22:1 – 10



**Coffee Fellowship Sunday**  
**Next Sunday is Coffee Sunday**

You are all invited to the social hall immediately following the 9:00 am Mass to share coffee, cake, and other goodies. Please remember to bake your goodies, bring them with you to the Social Hall next Sunday.



**Mass Schedule**

**Sunday** 9:00 am  
**Sunday** 5:30 pm (Spanish)

No Mass Friday morning, Oct 14<sup>th</sup>.

**Bible Study Monday Nights**



Just a reminder we will have Bible Study at Our Lady of the Seas Social Hall in Buxton, Mondays from 6:30-8:30pm. The study is

Jonah, Navigating A Life Interrupted. This study will be free of charge, the fee of \$15.00 per study book will be paid by YHM. Refreshments will be served.



**LOOK on the back of the bulletin!**

We are able to provide this bulletin each week, without cost to the parish because of the advertisers. Please patronize our advertisers. **To advertise your business and support the church please call Dee Printing at (800)292-9020**

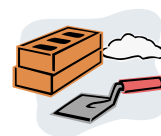
**We Take Request ~ Book of Prayer Intentions**



Our church family can now make prayer requests by way of our Book of Prayer Intentions, which is provided specifically for that purpose. The dark blue book is in back of the nave near the baptismal font. Just write your intentions in it, and they will be remembered during the Prayer of the Faithful at our Sunday Masses. "Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving make your requests known to God." -Philippians 4:6

**Pavers for the Walkway**

The church is working on a new batch of pavers for our walkway. If you are interested in purchasing a paver, the form is located in this bulletin. They are also available in the clear plastic sleeves by the doors. Another place you can find the form is on-line at our website. Just click on the forms button, download it from our website and mail it in with your check.



**A Lovely Memento...**

**"The Welcoming Light of Our Lady of the Seas"**  
Our parish's beautiful limited-edition fine art prints that you see on the cover of this bulletin make lovely remembrances of your wedding, anniversary celebration, child's baptism, or vacation. "The Welcoming Light of Our Lady of the Seas" is signed and numbered by the artist - Linda Browning, our guitarist/song leader. Each print comes sleeved, backed, and ready to frame in a 12"x16" mat. Price: \$39.50. Proceeds go towards our debt reduction. Please see Linda after Mass if you would like her to personalize your print for you. Thank you!

**"NEW OLS FUND RAISER RAFFLE"**

**Tickets on Sale Today**

Raffle tickets are on sale before and after all the Masses, this raffle will support our church. ~ 2 tickets for \$5.00 ~ ~ 10 tickets for \$20.00 ~ **Drawings will be held every time total ticket sale reaches \$1000.00.**



The winner will take home \$500.00 and the church receives the remaining \$500.00. This raffle will continue throughout the summer. A winner will be notified immediately following the drawing. So buy your tickets today to win.  
**CONGRADULATIONS TO LINDA FROM OHIO, OUR 8TH DRAWING WINNER ON THE 4TH OF SEPTEMBER.**



**Ruegue por:**  
**Please Remember:** in your prayers all those on our **Parish Prayer List** especially:

Richard Bacik, Angie Balance, Jean Belcher, Robbie Bendula, Jim Benton, Tony Bisantz, Jim & Linda Carolan, Dave, Brenda & Pete Conley, Stephen & Phyllis Dyer, Carrie Easley, Valerie Faulkner, Joe Gallagher, Keith Gardner, Delores Gilliken, Stephen Hissey, Ethen Hull, Dee Jensen, TQ Lewis, Grey McDowell, Donna Midgett, Elizabeth Moffit, Ella Newmiller, Paul O'Neal, Joseph Obringer, Carol Oliver, Little Mackey Peele, Mackey Peele, Pat Rice, Clyde Stowe, Regina Torreblanca, Megan Vayette, David Wark, also the caregivers, homebound, hospitalized & those in special needs.

*Please let Fr. Bob know when a parishioner or family member is in the hospital or homebound. He would appreciate the opportunity to visit and offer his services. Also if you would like a Eucharistic Minister to visit you at home during an illness or when unable to attend Mass, please call Fr. Bob 252-995-6613.*

*Por favor comuníquese al padre Bob cuando un feligrés o un miembro de su familia está en el hospital o enfermo en casa. El padre Bob querría tener la oportunidad de visitar a los enfermos y de ofrecerles sus servicios.*



“ Almighty God, we stand before You, asking for Your divine mercy and protection. Embrace with Your invincible amour our loved ones in all branches of the service. Give them the courage and strength against all enemies, both spiritual and physical, and hasten their safe journey back to their homes and families. Amen.” *Please, also remember those killed or wounded and their families, friends and acquaintances.*



**Ladies Book Club.**

Facilitated by Dr. Andrea Facci  
 The HELP will be **RESCHEDULED** Dr. Facci will not be down until further notice, hopefully in October.. **SPONSORED BY YELLOW HOUSE MINISTRY**

For reservations or further information...

**E-MAIL:** [yhmofhi@aol.com](mailto:yhmofhi@aol.com)

**CALL:** 252-202-8985 or 252-261-8684



**When traveling and you need to know where the closes Catholic Church and the times for their masses please check out [masstimes.org](http://masstimes.org)**



**3rd Annual KCA Health and Wellness Fair**

**When: Wednesday, October 26th**

**Where: Avon Fire Station**

**Time: 3:00 – 6:00 pm**

At last year's free event, area agencies were on hand offering information and services to the community. Outer Banks Hospital provided FREE flu shots as well as glucose, cholesterol levels, and blood pressure screenings. Dare County Dept of Public Health and Dept of Social Services were there with information about various programs they have available. UNC Cancer Outreach program, Outer Banks Hospital Cancer Resource Center, Spa Koru, Dare Casa and many other support groups and resources participated as well. Amazing door prizes and healthy snacks too! More information on the 2011 Health and Wellness Fair coming soon! To reserve your table, organizations can call 995-3855. Thank you!

**Really-Really Free Market in RWS**

**TIME:** 1 PM to 3 PM

September 4 thru October 1

**LOCATION:** 26006

Highway 12 - St. Waves Plaza, Salvo, NC

THANK YOU to the awesome volunteers that set up the Free



Market today! Because of you all, the Free Shopping will continue every day. Thank you Suzette C. for securing the facility! Thank you to Dillon's Corner for collecting items to donate! If anyone else has donations, bring them to 26006 St Waves Plaza in Salvo between 1-3pm any time starting tomorrow! Volunteers are needed! Contact Maggie Dawson at 216-7118 to help!

**CURRENT MOST NEEDED/REQUESTED ITEMS:**

Plastic storage totes with lids (for people without permanent accommodations, to store their belongings)

- \*Shaving Cream
- \***Baby Power w/ Corn Starch**
- \*New underwear for little girls
- \*Antibiotic cream
- \*Hair brushes
- \*Dish Soap
- \*Deodorant
- \*Rubber Boots
- \*Men's Shorts - new or gently used
- \*Packaging Tape & Duct Tape
- \*Toilet Paper, Paper Towel
- \*Laundry Soap
- \*Sweatshirts (especially "hoodies")
- \*Jackets/coats, all sizes
- \*Toasters or Toaster ovens
- \*Fans
- \*New Underwear - all sizes

- \*Cleaning Wipes (clorox/lysol type)
  - \*Sheets/Blankets (new or gently used)
  - \*Bug Spray
  - \*Dog Food
  - \*Cat Food
  - \*Kitty Litter
  - \*Hand Sanitizer
  - \*BABY PRODUCTS
    - \*Diapers
    - \* Wipes
    - \* Formula
    - \* Baby Items (shampoo, soap, baby powder)
  - \*All different size BandAids (especially Large BandAids)
  - \*Sunscreen
  - \*Shampoo and Conditioner
  - \*Toys (New Toys will be saved for the Hatteras Island Angel Tree)
  - \*Trash cans,
  - \*Laundry baskets
  - \*Coffeemakers,
  - \*Mixers
  - \*Bowls
  - \*New Socks ~
    - \*Women's
    - \*Children's,
    - \*Men's Large Socks
  - \*W95 or tc-21c particle respirator
  - \*Safety Goggles
  - \*Shoes
  - \*De-humidifiers
  - \*Tools (many tri-village and Avon residents used their tools to make a living, and lost them in the storm)
- EVERYTHING WILL BE FREE AND EVERYONE is welcome to stop by and browse the items available. Please pass this along and for any questions or to volunteer call Maggie Dawson @ 252-216-7118.



**Thinking about Separation or Divorce? –**

Is your marriage or that of a relative or friend heading for divorce? Do you know how to save that marriage? Or do you feel helpless? Retrouvaille (pronounced retro-vi with a long i) is designed to help troubled marriages regain their health. It helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. The program is highly successful in saving hurting marriages, even bringing reconciliation to couples who have already separated or divorced. For confidential information about or to register for the program beginning with a weekend on October 21-23, 2011 call 434-793-0242 or email: [retrouvailenc@msn.com](mailto:retrouvailenc@msn.com) or visit the web site at: [www.retrouvaille.org](http://www.retrouvaille.org)



**Hatteras Island Food Pantry**

To the many people who are wondering how they can help those in need as a result of hurricane IRENE. Because of the extensive and extended power outages, hundreds of thousands of

families lost their refrigerator and frozen food. They are in need

As a result of prompt and abundant distribution of food the pantries and distribution sites in the past days, they are in urgent need of replenishment. If your household is able to help address this need please donate and deliver the bags to our drop off box on the Social Hall porch, that would be most helpful to the many families whose need continues because HUNGER knows no season, even on Hatteras Island. Non-perishable food and personal care items are always needed by local families seeking assistance through our local food pantry.

*Since the size of the families can vary from a single person to one of two parents and children, please avoid bulk sized items to ease distribution.*

**VISITORS:** Save room packing! Donate any unopened non-perishable items at our convenient 24-hour drop box on the Social Hall porch.

**Items Commonly Needed by the Food Pantry – (Standard Sizes Preferred)**

- Basic foodstuffs – vegetable oil, flour, sugar, coffee, tea, rice, pasta
- Canned meats/stews
- Canned vegetables – beets, tomatoes and greens are local favorites
- Cereals – both hot and cold
- Personal care products
- Paper Products – individually wrapped paper towels, toilet paper
- Laundry care and cleaning products
- Pet products

**No time to shop?**

*Checks may be made out to:*

United Methodist Men,

PO Box 1591

Buxton, NC 27920

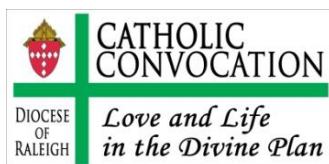
***Thank you for your generosity!***



**Marriage Encounter Weekends**

“Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God.” Don’t let the world’s way tear your marriage apart. The next **Worldwide Marriage Encounter Weekends** are Nov 4-6, 2011 in Atlantic Beach, NC and Feb 3-5, 2012 in Charlotte, NC. Early registration is highly recommended. For more information visit our website at: <http://NCMarriageDiscovery.org> or contact William & Elizabeth Nickles at 704-469-3866 or [applications@NCMarriageDiscovery.org](mailto:applications@NCMarriageDiscovery.org)

## **CATHOLIC CONVOCATION 2011** The Diocese of



Raleigh is hosting Catholic Convocation, Saturday, October 15, at Cardinal Gibbons High School, Raleigh. This year's theme is *Love*

*and Life in the Divine Plan*. The day-long program is designed for people who wish to learn more about the Catholic Church, and its teachings and practices. Catholic Convocation includes a keynote speaker and over 70 workshops throughout the day. Exhibitors representing products and services of interest to Catholics will also be present to serve our needs. The day begins with Mass, followed by the keynote address delivered by Most Reverend Joseph E. Kurtz, Archbishop of Louisville and Vice President of the United States Conference of Catholic Bishops. The day will conclude with Evening Prayer, Most Reverend Michael F. Burbidge, Bishop of Raleigh, Presiding. Schedule runs from 9:00 a.m. - 5:00 pm. Registration, Hospitality and Exhibits open at 8:00 am. Registration brochures are available on the Diocesan website: [www.dioceseofraleigh.org](http://www.dioceseofraleigh.org) or call 919.645.4447.

### **Charismatic Renewal**



Catholic Charismatic Services in the Diocese of Raleigh strives:

To stir into flame the grace of Pentecost within and beyond the Church

To broaden and deepen the understanding that Baptism in the Holy Spirit is the

Christian inheritance of all and to strengthen the Catholic Charismatic Renewal

To promote awareness and understanding of the Charismatic Renewal within our Church

To relate to and work with other Catholic organizations serving the mission of the Church.

Under the guidance of our bishop, Charismatic Renewal welcomes all to grow in their spiritual life. We provide assistance to prayer groups; support for charismatic activities; and also diocesan wide conferences, seminars, days of renewal and other charismatic events. HOW TO FIND US...

<http://www.dioceseofraleigh.org/how/renewal>

Contact

Tony and Jackie Tucci, Bishop's Liaisons/Directors

124 Asbury Road

Greenville, NC 27858-6319

Phone: 252-353-4433

Fax: 252-353-7171

Email: [ccsraleigh@earthlink.net](mailto:ccsraleigh@earthlink.net)

## **Handicapped Encounter Christ Fall Retreat**



Want to enrich your spiritual and social life? You are invited to join us at the **Handicapped Encounter Christ Fall Retreat** October 21-23 at Short Journey Center in Smithfield.

We are in need of able-bodied partners for our physically disabled members. Training is offered and new able-bodied retreatants are partnered with experienced community members. The cost is \$65 for the retreat. Scholarships are available. This is a wonderful ministry and an opportunity to receive much more than you give! For more information contact Brent Heiser, 919-544-0684 or [director@hecnc.org](mailto:director@hecnc.org).



**How much time will you spend with your spouse today?** Some studies say that the average couple

spends only 20 minutes a day together. Do you need to increase face time? On your wedding day you promised to love each other for better or for worse. What is a "for better" that your spouse has made in your life? Share it before you go to bed tonight. For more tips and resources to strengthen your marriage, visit [www.foryourmarriage.org](http://www.foryourmarriage.org)

### **Food coupons for the Military**



Any manufactures' coupons from the Sunday paper can be sent to the Navy-Marine Corps Relief Society. This will

help our military families overseas with living expenses. We would appreciate any help from our community family by cutting out coupons you don't use and place them in the basket in the vestibule. GaeAnn Gessner will take on the task of mailing them out weekly. If our visitors are interested in helping, the address is: N.M.C.R.S.

875 N. Randolph Street

Suite 225

Arlington, VA 22203.

***Thank you for your support.***



***Visitors ~ our pews have envelopes in the pockets for your convenience, which you may take with you and mail back to us. Thank you for being with us***

## DOMINGO 28 EN TIEMPO ORDINARIO

Octubre 9, 2011

### **Enfasis Sugerido**

*"En el quien es la fuente de mi fortaleza, yo hallo el impulso para hacerlo todo".*

### **Perspectiva Salesiana**

"Yo tengo experiencia en haber sido pisoteado, pero también se lo que es tener abundancia. He aprendido como lidiar con toda clase de circunstancias: como comer bien o pasar hambre, como tener todo lo necesario o no tener nada".

Cómo hizo San Pablo para lidiar con los altibajos de la vida y de forma tan centrada, balanceada y con tanta confianza? Aún más importante, cómo podemos nosotros hacer para lidiar con los altibajos de nuestras vidas de forma centrada, balanceada y con confianza?

Entre otras cosas, necesitamos una confianza sólida y profunda en Dios. Nosotros necesitamos la clase de confianza que nos permite ver la mano de Dios de la misma forma durante los tiempos buenos y en los tiempos duros.

Francisco de Sales ofreció este gran consejo. Es un consejo tan relevante hoy para nuestro deseo de continuar haciendo las cosas efectivamente, muy a pesar de los obstáculos que la vida nos presenta en un día cualquiera, como lo fue en 1603 para la persona a quien Francisco le dirigió estas palabras: "Ustedes deben ser como el niño pequeño quien, como sabe que su madre lo lleva del brazo camina con firmeza y corre por todas partes sin dejar que una pequeña caída o tropezón lo moleste, después de todo, él todavía es débil de piernas. De la misma forma, desde el momento en que ustedes se den cuenta que Dios los esta llevando de la mano, y desde que demuestren su voluntad y de servirlo, continúen con firmeza y no dejen que los pequeños obstáculos ni las caídas los perturben; no hay necesidad de dejarse amedrentar por esto desde que se arrojen a los brazos de Dios de vez en cuando y besen a Dios con el beso de la caridad. Continúen avanzando con dicha y con sus corazones tan abiertos y tan sabiamente llenos de confianza como les sea posible, y si no pueden estar siempre dichosos, al menos sean valientes y confíen." (Stopp, Cartas Selectas, paginas 45 - 46.)

En otra carta, Francisco ofreció la siguiente observación con respecto a nuestra confianza en Dios y a nuestra habilidad de lidiar con las adversidades de

la vida. "Es mucho mejor levantar nuestro ojos hacia las montañas de donde la ayuda ha de llegarnos, es mejor tener esperanza en el Señor y glorificar voluntariamente nuestras enfermedades, para que la fuerza de Cristo halle su morada en nosotros... por que aquellos que depositan su confianza en el Señor obtendrán alas como el águila; pero aquel que pierda su fuerza de corazón no lograra nada y se desvanecerá como el humo. El soldado que deja el campo de batalla temblando de miedo posiblemente sentirá un descanso, pero no tendrá mas seguridad que aquel que continua peleando". (Stopp, Cartas Selectas, pagina 121)

Hay muchas experiencias en la vida que pueden dejarnos llenos de miedo o quizás frustrados. Lo que distingue a las personas felices, saludables y santas de las personas que solo tratan de pasar por la vida, es la habilidad y la voluntad de confiar en ese Dios que nos ama igual durante los altibajos de la vida. Como dijera Job, aquellos que confían en el Señor saben que lo que el Señor da también lo quita, bendito sea siempre el nombre del Señor.

Y benditos, siempre son todos aquellos que confían- y que creen- en Dios... sin importar nada más.

El Padre Michael S. Murray, OSFS es el Director Principal del Centro Espiritual De Sales.



**Convocación Católica 2011** La Diócesis de Raleigh los invita a la Convocación Católica el sábado, 15 de

Octubre en Cardinal Gibbons High School en Raleigh. El lema este año es *El Amor y la Vida en el Plan Divino*. El programa de un día de duración está diseñado para las personas que desean aprender más sobre su fe católica, sus enseñanzas y prácticas. La Convocación Católica cuenta con el presentador y más de 70 talleres a lo largo del día. Expositores que representan los productos y servicios de interés para los católicos también estarán presentes para servir a nuestras necesidades. El día comenzará con la Misa, seguida por el presentador El Reverendísimo Joseph E. Kurtz, Arzobispo de Louisville y Vicepresidente de la Conferencia de Obispos Católicos de los Estados Unidos. El día finalizará con la oración vespertina, presidida por El Reverendísimo Michael F. Burbidge, Obispo de Raleigh. El evento comienza a las 9:00 am - 5:00 pm. Las inscripciones, hospitalidad y exhibiciones comienzan a los 8:00 am. Los formularios de inscripción están disponibles en la página Web de la Diócesis: [www.diocesefraleigh.org](http://www.diocesefraleigh.org) o puede llamar al 919-645-4447.