Ow Lady OF THE Seas

48478 HIGHWAY 12, PO Box 399 Buxton, NC 27920

WEB SITE: HTTP://WWW.OURLADYOFTHESEAS.ORG

E-MAIL: OLSPARISH365@GMAIL.COM

Mass Schedule: www.masstimes.org

Church Phone: (252) 995-6370

PASTOR:

Reverend Alfred J. Smuda, OSFS

OUR LADY OF THE SEAS
MISSION STATEMENT

Our Mission...We believe that our church stands as a beacon for those wishing to preserve the beauty of this Island, a refuge for those searching for peace and love in the world, and an example of Jesus' love for one another. We give thanks for all who enter here.

Nuestra Senora de los Mares

Declaración de Intenciones

Nuestra Mision... Creemos que nuestra Iglesia se erige como un faro para aquellos que desean preservar la belleza de esta isla, un refugio para aquellos que buscan paz y amor en el mundo, y un ejemplo de amor mutuo. Damos gracias por todos los que entran aqui.

OUR LADY OF THE SEAS

BUXTON, NC

V+J March 10, 2024 Salesian Reflection Fourth Sunday of Lent

Here we are at the midpoint of our Lenten journey. During the past three weeks, we have been listening to the call of the prophets and Jesus himself:

"Repent and believe the Good News." Change your way of living.

Today, in the midst of these voices for change, we hear the Good News: "God so loved the world that he gave his only Son so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world" but to save it.

We heard St. Paul expand on John's words: "God, who is rich in mercy, because of the great love he had for us, even when we were dead in sin, brought us to life in Christ – by grace you have been saved."

The wonder of God's loving mercy shown to us in Jesus: the immeasurable riches of His grace, His kindness to us in Jesus. Our salvation, our new life, is pure grace, freely given by the God who loves us. We have done nothing to deserve it; we can do nothing to merit it. It's ours because God loves us. When we have the humble faith to accept this gracious gift of our God, then we can be made new, for we share in the life and love of God.

When we listen to the Good News and trust in God's faithful word to us, then we are open to confessing our sins and receiving the mercy of God. When we understand what God is doing in us, we will find ourselves being led to gratefulness. And our gratefulness will show itself in the way we live with one another. We then choose to become part of the light that Jesus is bringing into our world. The good we do for one another is done in response to God's graciousness. It is good to be reminded that God has loved us so much. May today's reminder be a source of encouragement as we continue our good works on our journey to our Father's house.

V+J 10 Marzo de 2024 Salesianos Dominicales Cuarto Domingo de la Cuaresma

Cuaresma es un tiempo para celebrar la misericordia, la generosidad y la bondad de Dios. Ciertamente escuchamos un eco de la carta de Pablo a los Efesios en las observaciones hechas por San Francisco de Sales en su Tratado del Amor de Dios (II, 5) cuando escribe: "Quién puede ahora dudar de los abundantes medios que tenemos a nuestra disposición para alcanzar la salvación gracias a nuestro Salvador, en cuya imagen hemos sido hechos y por cuyos mérito hemos sido salvados?"

Francisco añade: "Verdaderamente, el pecado de Adán estuvo lejos de abrumar la generosidad de Dios, por el contrario, el pecado de Adán intensificó la generosidad de Dios y la sacó a relucir en todo su esplendor!"La Cuaresma nos llama a proclamar esta verdad: Asi como Dios nos amo al crearnos, nos amo aun más al redimirnos! Como San Francisco de Sales proclamo, "El estado de redención es cien veces mejor que el estado de inocencia". La Cuaresma nos llama a proclamar la verdad de que ante la generosidad de Dios todos somos muy frecuentemente mezquinos, intransigentes, poco caritativos. Esto es demostrado de forma muy poderosa cuando pecamos. Irónicamente, es sólo cuando aceptamos la generosidad de Dios que somos realmente capaces de arrepentirnos de nuestros afectos, actitudes y actos pecaminosos. La Cuaresma nos llama a "llevar una vida de buenas obras. El arrepentimiento no es solamente abstenernos del pecado; el arrepentimiento significa también acoger la virtud, hacer lo que Dios nos manda y nos aconseja hacer "diligentemente, frecuentemente y prontamente con entusiasmo y alegría". En lo que queda de esta temporada dediquémonos a la gratitud. Den testimonio de la gentileza de Dios y desu arrepentimiento siendo misericordiosos, generosos y gentiles en sus relaciones con los demás. Si lo hacen se convertirán mas convincentemente, en "obras de Dios, creadas en Cristo, para llevar una vida de buenas obras" que Dios preparo para ustedes - si, ustedes- desde la creación del mundo!



View the Live-Stream Massourladyoftheseas.org.

The Mass Intention is for Alberto Lopez Andrade in loving memory on the 1st anniversary of his death, by his mother and sister Vanessa Perez Lopez, and the living and deceased of the Parish.

MASS SCHEDULE

- Saturday Vigil 5:30pm
- Sunday 9:00am (Live-streamed)
 3:30pm Stella Maris, Ocracoke
- Tuesday, Wednesday & Thursday
 9:00am (Rosary following Tuesday Mass)

The Readings for the Mass are found on page 765 (Glory & Praise):

Ist Reading ~ 2 CHRONICLES 36:14-16,19-23

2nd Reading ~ EPHESIANS 2:4-10

<u>The Gospel</u> ~ JOHN 3:14-21

RECEIVING SACRAMENTS AT HOME

Please let Father Fred know if you would like to receive the Sacraments of Reconciliation, Eucharist or Anointing of the Sick. If you would like a Eucharistic Minister to visit you at home, call **Father Fred at** (252) 995-6613.

We are Grateful for the Offertory Collections

on February 24 & 25, 2024. The 1st collection totalled \$1,100.00 and the 2nd collection totalled \$2,037.00.

Thank you so much for your generosity.

POPE'S INTENTION FOR MARCH

For new martyrs

We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.

Be Silent. Be thoughtful. Be reverent. This is God's house. Before Mass, speak to God. During Mass, let God speak to you. After Mass, speak to one another.



MASS CARDS - MASS INTENTIONS

To request a Mass card or prayer intention for a Mass, contact Terri Mohnal at

events@ourladyoftheseas.org, and specify the name and date. Donations accepted.

DATES TO REMEMBER

- March 12, 2024- "Jesus & Coffee"
 7:00am Parish Hall
- March 12, 2024- Reconciliation
 Service & Sacrament of
 Reconciliation- 5:15pm Church visiting
 Priests, Fr. Rob Schmid, Ahoskie; Fr. Vijaya
 Babu Katta, Williamston
- March 13, 2024- Stations of the Cross- 5:30pm Church- bilingual- Leaders: Claudia Hennessey & Victor Garcia
- March 13, 2024- LENTEN SOUP
 SUPPER- 6:00pm Parish Hall- Hostesses:
 Donna Groom & Laurie Campbell
- March 21, 2024- Finance Council
 Meeting 5:15pm Parish Residence



"Like" and follow our INSTAGRAM OurLadyofSeas Facebook page, "Our Lady of the Seas Catholic Parish"



TRIBUTE PAVERS FOR THE WALKWAY

Pavers are available for \$100.00. Forms are located in the Narthex. They make a great memorial tribute or

gift. Please contact **Terri Mohnal** if you are interested at events@ourladyoftheseas.org.

OUR LADY OF THE SEAS

BUXTON, NC



PRAYER REQUESTS

Please keep these parishioners and friends in your prayers:

- **Beverly Zervakis'** children Zach and Suzanna Carraway, who are facing health challenges.
- David Silk, Cathy & Jeff Silk's son, on his recovery from

multiple abdominal surgeries, and an over 6 week stay in ICU in Birmingham, AL. Please send cards of encouragement to his mailing address: 7018 Watchman Circle, Apt. F, Montgomery, AL 36116.

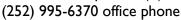
- Laurie Campbell's niece, Alexandra
 Sutherland, battling Stage 3 breast cancer.
- Joe Reed, prayers requested by Rick Riopel
- **Rich Kirkman,** on recuperation at home following back surgery.

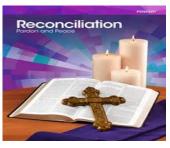
Please pray for these parishioners and all those who are dealing with illnesses of mind and body. To be added to the list or to join the Prayer Warriors, contact Jane Grimm at janesgrimm@aol.com or (703) 629-6081.

Office Hours/ Horas de Oficina

Monday, Tuesday, Wednesday, Thursday Lunes, Martes, Miercoles, Jueves

(Closed Friday- Viernes está cerrado) 10:30am - 3:30pm M,T,W (L,M,X) 11:00am - 4:00pm TH (V)





PREPARE YOURSELF FOR EASTER

Fr. Fred is always present before and after each Mass for the Sacrament of Reconciliation.

Cross the Bridge to Christ on

March 12, 2024, beginning at 5:15pm, for an evening of Forgiveness and Healing, with a Service and Sacrament of Reconciliation. Visiting Priests, Fr. Vijaya Batu Katta, Pastor of Holy Trinity in Williamston, and Fr. Rob Schmid, Pastor of St. Charles Borromeo in Ahoskie will be available during the service for the Sacrament of Reconciliation.

MARTHA & MARY

M&M's Lenten Soup Suppers are a huge success, paving the way for those that follow it. There have been many

it. There have been many parishioners and friends in attendance! Join the fun and fellowship!



Bring soup to share, and the whole family.
Soup Suppers, Wednesdays through March 20, are held immediately following the 5:30pm
Stations of the Cross, about 6:00pm.

Special thanks to our March 6 & March 13 hostesses, Donna Groom and Laurie Campbell.

And remember the flowers for the Altar of Repose on Holy Thursday, the Flower arrangement for Easter Sunday, the carnations for Mother's Day and the Crown for Mary will all be supplied by the Martha & Mary Ministry.

The next meeting is on **Thursday, April 18, 2024** in the Hall. Bring a nibble to share. M&M will provide drinks and paper products. Fellowship begins at 5:15pm and the meeting (about an hour) at 5:30pm. We will discuss the Book Club beginning in May and other planned and not-yet-planned events. Bring a fellow parishioner to join the Fellowship. We need more hands to keep what we have going and brains

to fuel more parish-wide happenings!

The Next Coffee Sunday is April 21, 2024 after the 9:00am Mass. Bring a breakfast casserole, bacon, sausage, fresh fruits or baked goods. M&M supplies coffee, tea, juice and water.

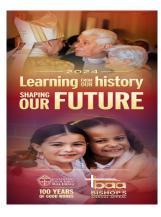


HATTERAS ISLAND LOVING MEMORIAL



If you wish to remember a family member or friend, there is a *Memorial Tree in the foyer for which a leaf can be purchased.* Leaves can be inscribed with a name or sentimental verse for

\$500.00. Applications are under the Memorial Tree. Please contact **Karen Kelmer at (252) 986-9909.**



BISHOP'S ANNUAL APPEAL 2024

The 2024 Bishop's Annual Appeal funds many ministries that allow us to proclaim the Gospel and reach even the most remote areas of Eastern NC. Your support plays a critical role in funding ministries in the

areas of evangelization, discipleship, worship, liturgy, sacramental preparation, and programs that pour forth God's grace, love, and mercy. La Campaña Anual del Obispo 2024 financia muchos ministerios que nos permiten proclamar el Evangelio y llegar incluso a las zonas más remotas del este de Carolina del Norte. Su apoyo juega un papel fundamental en la financiación de los ministerios en las áreas de evangelización, discipulado, culto, liturgia, preparación sacramental, y una serie de programas que derraman la gracia, el amor y la misericordia de Dios.

Our goal for 2024 is \$10,409.00.

You have contributed \$6,741.74! Please help us reach our goal! By supporting the Bishop's Annual Appeal, you have the chance to define what our next 100 years will look like and how our community will be changed because of it. And you can go online at www.givetobaa.org, or use the QR code on the posters in the Narthex.



WAY OF THE CROSS/VIA CRUCIS

Each Wednesday at 5:30pm during Lent through March 20, 2024, we walk with Jesus with bilingual Stations of the

Cross. All Faith Formation Students and their Parents should attend. *Todos los estudiantes de Formación de Fe y sus padres deben asistir.*

WHAT IS THE PASTORAL/PARISH COUNCIL?

The Pastoral Council is a planning council, not a coordinating council. It is where cooperative planning occurs. The consultation of the pastoral council is essential in the decision-making process of the parish, but the council is not the decision maker. The pastor is the head of the pastoral council. He may, but does not have to, appoint members to ensure balance and to see that all segments of the parish are represented (e.g., Saturday evening Mass group and Sunday morning Mass group).

Who should be a member of the pastoral council?

Council members must meet the following criteria:

- Be a Roman Catholic in good standing with the Church;
- Be a registered and supporting member of the parish;
- Be a participant in parish life and worship;
- Be committed to prayer, study, listening and dialogue;
- Be committed to giving the time needed for participation; and
- Be aware of and comply with Parish Conflict of Interest Policy.
- In addition, he or she should possess the following gifts necessary for pastoral leadership:
- A desire for spiritual growth in oneself and in the parish;
- Eagerness to participate in parish decisions about its direction;
- Willingness to listen, speak openly and honestly, and to work toward consensus;
- The ability to inspire others and to delegate; a commitment to cooperation, flexibility and openness toward people and ideas.

OUR LADY OF THE SEAS

BUXTON, NC



LAETARE SUNDAY

On the fourth Sunday of Lent, the previously dreary church sanctuary may be decorated with flowers, and more upbeat music may be played. The name Laetare is taken from the Introit at Mass, Laetare Jerusalem, which means "Rejoice, O Jerusalem." The priest may wear rose-colored vestments instead of the purple penitential ones. Why the change? When we see the color *rose* at Mass we are beckoned to rejoice; the season of penance is coming to a close and the celebration of Christ's Resurrection draws near! In previous centuries, as a symbol of this joy, the pope would carry a golden rose in his right hand when leaving Mass. Later, the golden rose consisted of a cluster of roses made of pure gold that the popes would bless and then give to cities, churches, or shrines. In the end, if you see your priest wearing "pink," remember the call to live joyfully. We are not meant to live our lives in a perpetual Lent, but to experience the great joy of Easter and to spread that joy to all those we meet.

AN ACT OF SPIRITUAL COMMUNION

When circumstances prevent us from attending Mass and receiving Holy Communion, we are invited to receive Communion Spiritually:

"My Jesus, I believe that You are in the Blessed Sacrament.
I love You above all things, and I long for You in my soul.
Since I cannot now receive You sacramentally, come at least spiritually into my heart.
As though You have already come, I embrace You and unite myself entirely to You. Never permit me to be separated from You.
Amen."



Again this year, M&M is providing a way for our altar to be blooming with flowers! You can help by honoring a loved one with a flowering plant. The altar of repose flowers and those in front of the altar are provided by the women of Our Lady of the Seas, members of the Martha and Mary Ministry.

I am purchasing \$25ea.	plants at
To honor	
and	·
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Make checks payable to Our Lady of the Seas and mail your check to: PO Box 399, Buxton, NC 27920, or drop the form & check or cash in the offertory basket. The form MUST accompany your check or cash and MUST be received no later than Friday, March 22 so we can prepare the Easter Bulletin insert.



MARTHA & MARY MINISTRY Flores de Pascua para el Santuario

¡Nuevamente este año,

M&M se encargará de que nuestro altar esté lleno de flores! Puedes ayudar honrando a un ser querido con una planta con flores. Las flores del altar de reposo y las que están frente al altar son proporcionadas por las mujeres de Nuestra Señora de los Mares, integrantes del Ministerio Marta y María.

Estoy comprando	_ plantas
a \$25 cada una. Para honra	ra
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Para conmemorar	
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Haga cheques a nombre de Our Lady the Seas y envíelos por correo a PO Box 399, Buxton, NC 27920, o deje el formulario y regístrelo en la cesta del ofertorio. El formulario DEBE acompañar su cheque o efectivo y DEBE recibirse a más tardar el viernes 22 de marzo para que podamos preparar el folleto del Boletín de Pascua.

ORACIÓN DE COMUNIÓN ESPIRITUAL

Existen diferentes motivos por los que no podemos recibir la Eucaristía en la Santa Misa. En estos casos, la Iglesia nos anima a hacer un acto de "comunión espiritual", donde nos unimos a Dios a través de la oración.

"Creo, Jesús mío, que estás real y verdaderamente en el cielo y en el Santísimo Sacramento del Altar.

Te amo sobre todas las cosas y deseo vivamente recibirte dentro de mi alma, pero no pudiendo hacerlo ahora sacramentalmente, ven al menos espiritualmente a mi corazón. Y como si ya te hubiese recibido, Te abrazo y me uno del todo a Tí. Señor, no permitas que jamás me aparte de Tí. Amén."



KID'S CORNER

Have you taken your child to the children's corner in the Narthex? Games, books and worship aids for the little ones! ¿Ha llevado a su hijo al rincón

infantil del Narthex? ¡Juegos, libros, ayudas de adoración para los más pequeños!

"By Grace you have been saved through faith, and this is not from you; it is the gift of God." Ephesians 2:8 336-693-5498 336-675-72

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